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Rock Enon Springs and Baths,

Season - 1883

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THE ROCKINGHAM SPRINGS AND BATHS

GREAT NORTH MOUNTAIN,

VIRGINIA.

A. S. PRATT,

PROPRIETOR

SEASON

1883

F234
.R66R7

ROCK ENON SPRINGS

AND BATHS.

FREDERICK COUNTY, VIRGINIA.

Sixteen and one-half Miles from Winchester, on the Western Slope of the Great North Mountain.

A. S. PRATT, - - - PROPRIETOR.
SAMUEL J. SMITH, - - PHYSICIAN.

These Springs, now so favorably known as a safe and delightful Family Resort, will be opened for the reception of visitors about the middle of June.

A Telephone Line connects the Hotel at Rock Enon Springs with all points reached by telegraph.

TERMS.

Per Day, - - -	$2.75
Per Week, - -	$10 to $16.00
Per Month of four Weeks,	$36 to $56.00

according to rooms selected, number of persons, and time of visit. For every day or week over one month, MONTHLY rates only will be charged.

Special terms for children and servants, according to accommodations required.

For rooms and information, apply to A. S. PRATT & SON, lock-box 52, or office, corner of Ninth and D streets, Washington, D. C.; also, after June 15th, to the Springs.

TRAVELING FACILITIES.

FOR exact time consult daily papers or time tables; there will probably be no material change from last year's schedule, which was as follows:

Leave NEW YORK, 8.55 P. M.;

PHILADELPHIA, 11.30 P. M.;

BALTIMORE, 7.00 A. M., (by Baltimore and Ohio R. R.;)

WASHINGTON, 8.30 A. M., (by B. & O. R. R., Met. Branch;)

arrive at WINCHESTER, 12.47 P. M.; thence by easy coaches over a splendid road through the mountain gorges, a delightful ride of three hours to the Springs.

Passengers from the West will take the Baltimore and Ohio Railroad to Harper's Ferry, thence by Valley Branch to Winchester.

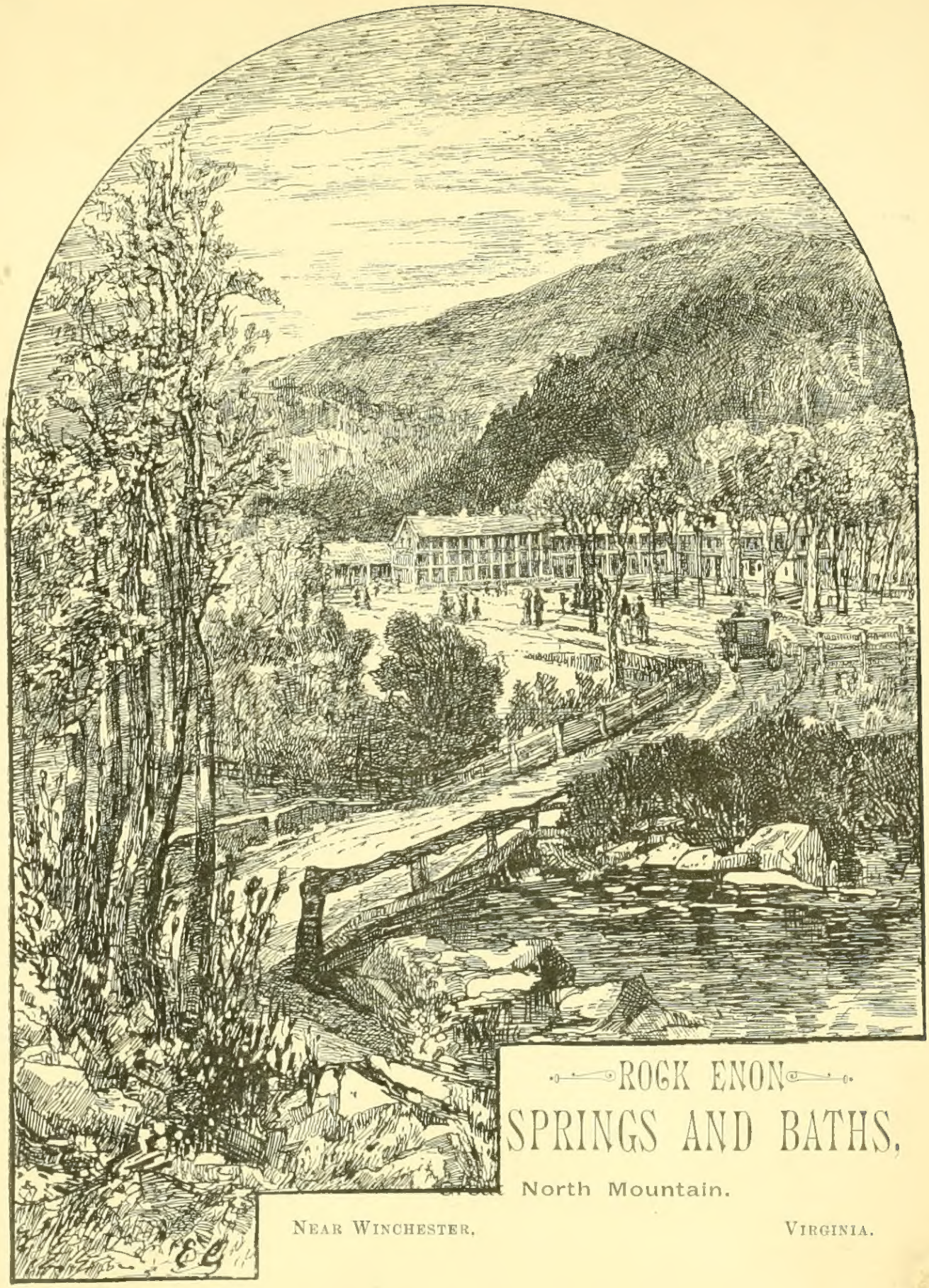
Passengers from Richmond and the South take Metropolitan Branch of Baltimore and Ohio Railroad from Washington, or Staunton and Valley Railroad, to Winchester.

PRICE OF TICKETS.

From Baltimore, including stage fare—Round trip, . . .	$10 50
Washington, " " "	8 50
New York, including stage fare—Round Trip, about	$20 00
Philadelphia, " " " about .	15 50
Staunton, Va., " " " about .	9 00
Richmond, Va., via Richmond, Fredericksburg and Potomac, and Baltimore and Ohio Railroad from Washington—Round trip, about	16 00

Tickets good until October 31st.

One trunk will be carried free for each passenger from Winchester to the Springs and return; a charge of 50 cents will be made for each trunk extra, both going and returning. Children unprovided with tickets will be charged stage fare.



ROCK ENON

SPRINGS AND BATHS,

North Mountain.

NEAR WINCHESTER, VIRGINIA.

ROCK ENON SPRINGS AND BATHS.

NO BAR on the premises or within nine miles of Rock Enon. No ale, wine or liquor will be furnished by the proprietor, and no sale of such articles will be permitted on the grounds.

HOURS FOR MEALS: { Breakfast at 8 o'clock. / Dinner at 1 o'clock. / Tea at 6 o'clock.

A boarding and Livery Stable is connected with the Hotel.

A well-organized and equipped Laundry is attached to the Hotel. No substance injurious to clothes is permitted to be used.

CHARGES:

GENTLEMEN—Dress shirts, 10c. each; other articles, (except coats, pants, and vests,) 75c. per doz.

LADIES—Plain articles, 75c. per doz.; collars, cuffs, handkerchiefs and stockings, 50c. per doz.; trimmed dresses, skirts, &c., according to work required.

CHILDREN—Plain articles, 50c. per doz.; dresses and trimmed garments, according to work required.

It is expected that guests will have their washing done at the Hotel Laundry, for the proper management of which and for loss the proprietor holds himself responsible.

MAILS RECEIVED AND FORWARDED EACH DAY, SUNDAY EXCEPTED.

GOOD MUSIC has been provided for the season.

Fine Bowling Alleys, a large Pavilion in the "Gorge," extensive Lawn, well shaded, a commodious Ball-Room, with stage, for music, entertainments, &c.

Delightful, romantic, and shaded walks in all directions; extended views from "Anderson's," "Catamount," "Sunset," and "Craig's Rocks," Table Rocks on Pinnacle Mountain, "Grand Lookout" and Wolf Spring

on the Great North Mountain. "Zane's Cave," described in Jefferson's Notes on Virginia, "Hanging Rock," "Capon Bridge," "Lost River," the famous "Caudy's Castle," "Ice Mountain," and the "Rock Houses" —all points of great interest—are in the neighborhood.

MEAN TEMPERATURE 1877–8–9–80–81.

	7 A. M.	12 M.	3 P. M.	6 P. M.	10 P. M.
June, ...	61	69	70	68	61
July, ...	68	79	79¾	77	67¼
August, . . .	65½	76¼	77½	74	67
September, . .	59	68	67¾	65	57½

MEAN TEMPERATURE 1882.

	7 A. M.	12 M.	3 P. M.	6 P. M.	10 P M.
July, ...	61½	72½	74½	69¾	66¼
August	60¾	70¾	74	72	65
September, . . .	57½	67	68	64¾	60½

Atmosphere dry; no swamps; no stagnant water; the air is pure and exhilarating; fogs are rarely seen here.

ALTITUDES.

"Pinnacle Mountain," a spur of the "Great North Mountain," on which the Hotel is situated, is 2,350 feet above sea level.

Hotel at Rock Enon Springs, 1,000 feet above sea level.

Craig's Rocks, at the Hotel, 1,300 feet above sea level.

Sunset Rocks, at the Hotel, 1,125 feet above sea level.

Sunset Hill, at the Hotel, 1,100 feet above sea level.

Cold Spring, ⅛ mile from Hotel, 1,075 feet above sea level.

Catamount Rocks, ½ mile distant from Hotel, 1,350 feet above sea level.

DESIROUS of making this lovely spot in the mountains a permanent and attractive summer resort for the refined and intelligent who seek health, rest, pleasure, and freedom from the exacting demands of fashion, and greatly encouraged by the generous patronage heretofore extended and the very great satisfaction expressed by the guests of the past seasons with the place and its management, the proprietor will put forth every effort for the comfort and pleasure of visitors the present year.

The Hotel is abundantly supplied on every floor with pure water taken directly from the great "Cold Spring" on Pinnacle Mountain. The SANITARY arrangements are complete and will be found all that could be desired. Great improvements have been made in this respect; the house and grounds are kept scrupulously neat and clean.

THE BATHS.

The accommodations for bathing are all that could be desired. A large steam boiler has been put in place, from which the numerous baths are supplied with hot water, and the water in the immense swimming pool—75 by 25 feet, 5½ feet deep—can now be partially heated by steam. Separate hours for bathing are allotted to ladies, children, and gentlemen, and an hour for gentlemen and ladies. The bath-house is comparatively new; large additions have been made to it. At the suggestion of eminent physicians who have visited Rock Enon, the waters of the Mineral Springs have been utilized. New bath-rooms have been constructed, and are supplied with these invaluable waters.

The water of the "Old Capper" Spring is very delightful to bathe in; it renders the skin clear, soft, and beautiful; it is very healing in its nature, and has proved most efficacious in rheumatic complaints and diseases of the skin, and when combined with the "Chalybeate" water in the bath, as it may be, it is exceedingly strengthening to the whole system.

RATES FOR BATHS.

For pool baths, 6 tickets for	$1 00
For pool baths, (children,) 8 tickets for	1 00
For hot or cold tub baths, 6 tickets for	1 00
For mineral baths, 4 tickets for	1 00
For single plunge or tub baths,	25
For single mineral baths,	35

THE SPRINGS.

There are eight springs within a stone's-throw of the Hotel, three of which are mineral, and of very great efficacy. The pure spring water from five large springs is free-stone; there is one large lime-stone spring on the premises.

THE CHALYBEATE SPRING

is one of the most valuable in the State. The water was analyzed by Professors Gale and Mew of the Smithsonian Institution, who made the following report:

Analysis of the Chalybeate Spring at Rock Enon.

Its constituents per gallon are as follows:

Carbonate of lime,	5.13 grs.
" soda,	1.21 "
" protoxide of iron,	14.25 "
" protoxide of manganese,	1.05 "
Sulphate of magnesia,	12.89 "
" lime,	3.56 "
Chloride of Magnesium,	1.12 "
Alumina,	0.80 "
Silica,	0,42 "
	40.43 grs.

By spectrum analysis lithia was also found in it.

This Spring is, in some very essential particulars, similar to the far-famed Pyrmont Spring in Waldeck, Germany, which has so long and so deservedly enjoyed a high reputation among physicians. It possesses a rare combination of tonic properties, with others existing in admirable proportion, calculated to free it from some of the too well-known causes of objection to chalybeate waters.

L. D. GALE,
W. M. MEW,
Smithsonian Institution.

THE WALNUT SPRING.

The water of this Spring is Alkaline; its action is diuretic and aperient; it is efficacious in all affections of the kidneys and urinary passages, calculus, dyspepsia, indigestion, gout, diabetes, and catarrhal affections. As analyzed by Professor LUPTON, late of the University of Virginia, it contains carbonate of potassa and magnesia, soda as a chloride, sulphate and carbonate of lime, carbonic and sulphuric acids, hydrochloric, silica, &c.

THE OLD CAPPER SPRING

has been known and prized for more than a century. It is a specific for humor in the blood, and is efficacious in the cure of rheumatism, diseases of the skin, and intestinal worms. When applied to eruptions on the skin, to venomous bites, to cuts or bruises, they heal very rapidly, and when used for bathing or washing it renders the skin clear and soft.

SULPHUR SPRINGS.

There are four Sulphur Springs (white and blue) of excellent quality in the neighborhood, one of which is within fifteen minutes' walk of the Hotel.

A SHORT HISTORY OF THE SPRINGS.

MORE than a hundred years ago the settlers on Timber Ridge determined to open a shorter road to the fort established for their protection from Indians, by going over instead of around the mountain. Arrested by the wild grandeur of the little valley now known as Rock Enon, and the great number of springs in so small a space, they tarried for some days. During their stay the leader of the party, Mr. John Capper, discovered the healing virtue of the waters from its effects upon himself. The place took the name of Capper Springs from this circumstance, and soon became a general resort for the people of Frederick and adjoining counties. Rude huts were built on the hillside and occupied during the summer by those seeking the benefit of the waters, and others coming for pleasure and rest. About the year 1850 a small permanent building was erected and opened as a hotel. This was added to from time to time until 1872, when the property was purchased by a number of gentlemen from Washington for a family resort. Over $20,000 has since been expended in improvements and furnishing.

For several reasons it became necessary to change the name of the place, and "Rock Enon" was selected as the most appropriate, from the vast number and great size of the rocks, and "Enon" (many waters) from the countless springs.

57 Boul'd D'Enfers, Paris.

"The studies I brought away from Rock Enon Springs have still the place of honor in my studio, and many of my artist friends have complimented me on them. Indeed the remembrances of the fresh unhackneyed scenery, the delightful "bits" of forest opening, mossy glade, and fern-clad rock, have kept their place in my mind uneclipsed by all I have been seeing here; and I hope some day to try again the delightful air of Rock Enon—its truly "home" atmosphere—its care for the more material wants, as well as to bring to the delineation of its superb scenery all the knowledge and skill which I have come abroad to seek.

— Eva Greatorex.

LAUREL RUN

EXTRACTS FROM LETTERS.

* * I certainly know of no place preferable to Rock Enon as a place of sojourn and rest during the heated season. The beautiful views adjacent, the mineral springs of different kinds, the medicinal and other baths, the pleasant and congenial company always assembled there, together with the satisfactory and bountiful table, and the watchful care of the host, combine to render it the most attractive spot I know of.

* * Not the least among the attractions of Rock Enon is the entire absence of all rowdyism, and in that respect I commend your determination to allow no liquors to be sold. [*From Hon. A. U. Wyman, Treasurer of the United States, Washington, April* 9, 1883.

Dear Sir: It was the good fortune of myself and family to be your guests at Rock Enon during the past season, and we carry with us very pleasant memories of our summer sojourn at your quiet and truly comfortable and Christian home among the mountains: its shaded brooks and glens, its massive rocks and grand and picturesque heights, all to be enjoyed without fatigue or danger, are surroundings which cannot fail to be attractive to those who love the restful beauty and solitude of nature; while its valuable waters, comfortable fare, and excellent management should be satisfactory to all who seek health and social recreation. [*From Hon. Josiah Dent, late President of the Board of Commissioners of the District of Columbia, The Oaks, Georgetown, D. C.,* 19*th February*, 1883.

Dear Sir: I consider it due to you to express my entire satisfaction with Rock Enon Springs as a summer resort, having passed with my family the greater part of last summer there so pleasantly and beneficially.

The Hotel is certainly well located, the campus large and beautiful, and the surroundings in all respects desirable. It is a satisfactory place to obtain rest and recreation, being both healthy and attractive. [*From Hon. Calvin B. Walker, Dep. Commissioner of Pensions, Washington, D. C., April* 7, 1883.

* * My family and friends who spent the past season at Rock Enon Springs unite with one accord in praising the place, the regularity of its recurring evening entertainments, the usual good order, the charming mountain scenery, the invigorating air, all of which, together with the virtue of the "healing waters," combine to make this resort one of the most popular in the country.

All of the visitors whom I have met since the close of the season speak in the most commendatory terms of the place, the proprietor, and the substantial viands dispensed day by day for the inner man. I say to my friends, whether you need these waters, or simply want rest and recreation, go to Rock Enon. [*From Samuel Norment, Esq., President of the Central National Bank, Washington, D. C., April* 9, 1883.

The very pleasant experiences of the different members of my family at Rock Enon during the summers of 1881–2 enable me to cheerfully bear testimony to the attractions and advantages of that delightful mountain resort.

The invigorating air, beautiful scenery, curative and tonic waters and baths, unite in presenting natural attractions rarely found anywhere. Added to these the variety of social pleasures, excellent fare, uniform courtesy and attention of the host, together with admirable order in all the appointments of the place, and its genial Christian atmosphere, make a stay at Rock Enon thoroughly enjoyable. [*From letter of Hiram Woods, Esq., Baltimore, April* 12, 1883.

We are still enjoying the benefit derived from our sojourn at Rock Enon Springs the past summer. The medicinal qualities of the waters, the wholesome, well-cooked food, the intelligent and cheerful company, the gentlemanly bearing of the proprietor, all conspired to make our stay there one of the most pleasant and profitable seasons to mind and body we ever spent at any of the many watering places we have visited in the last thirty years.

Rock Enon, with its many advantages of beautiful location, invigorating air, imposing scenery, and efficacious mineral waters; conducted on strictly temperance and religious principles, yet with amusements and recreations sufficient to meet all reasonable demands of children and adults, must grow in public favor, and is destined to become one of the most popular watering places in the country. [*From Rev. John W. M. Williams, D.D., Baltimore, Md., November* 14, 1882.

* * I found, with all the appointments of the best hotels, a quiet home life and feeling, a social refinement without pretension, innocent amusement guarded against abuse—everything, in fact, which the rational seeker of health and rest could desire in a summer resort. [*Rev. C. P. Krauth, D. D. LL.D., of the University of Pennsylvania, Phila.*

It gives me pleasure to recommend Rock Enon Springs as a desirable resort for families. [*Mrs. Admiral Scott.*

I hope some day to try again the delightful air of Rock Enon, its truly "home" atmosphere, * * and bring to the delineation of its superb scenery all the knowledge and skill which I have come abroad to seek. [*Mrs. Eliza Greatorex, 57 Boul'd D'Enfers, Paris, March 1st*, 1879.

"I cheerfully recommend Rock Enon Springs, * * feeling satisfied that all who visit them will secure not only enjoyment, but health. [*Admiral George B. Balch, U. S. N.*

* * * My little ones are very eager to go to Rock Enon, and loth to come away. I enjoy it thoroughly from the time I set my face toward it until compelled to turn my back upon it. [*Col. C. T. Larned, U. S. A.*

It is a healthy place. The nights are deliciously cool. No mosquitoes, no bar, "no sound of revelry by night." It is a good place for all who desire a cleanly and cool retreat. [*C. J. Stuart Wells, Surgeon U. S. N.*

The place is most charming, and crowded with visitors equal in prominence and respectability with those of any other summer resort in the State. [*From Rev. E. F. Busey, D. D., Baltimore.*

Ever since the visit of myself and wife to Rock Enon Springs it has been a pleasure to us to call it to mind. For house and home, for pleasant surroundings, and for kind attention, we found it everything we could desire. [*From J. Downes, Esq., U. S. Coast Survey, Washington, D. C.*

The cool and exhilarating atmosphere, the wild mountain scenery and fine drives, the baths and invaluable medicinal waters, with good fare, render a season at Rock Enon a delight not soon to be forgotten. [*From James E. Fitch, Esq., Washington, D. C.*

The society was agreeable, the table well supplied, the servants were attentive, and the facilities for bathing exceptionally good. I have reason to believe that a residence at Rock Enon prolonged the life of a member of my family. [*From Dr. Elliott Coues, U. S. A.*

There is no bar, and consequently the guests seeking Rock Enon are of the best class. It is a "family" resort and wholly home-like. Every thing first class. [*From Rev. J. G. Butler, D. D., Washington, D. C.*

Nothing could have been more charming than the weeks of the summer spent at Rock Enon Springs. Nothing more restoring to tired brain and hand. [*Mrs. M. Despard, New York.*

I consider Rock Enon one of the most attractive and healthy summer resorts I have ever visited. [*Charles Rous, Baltimore, Md.*

I have never spent a season where everything gave such general satisfaction. [*John Cassard, Chicago, Ill.*

I have visited many summer resorts, but none could compare with Rock Enon in *home comforts*. The table could not be surpassed. [*Rev. Edw. L. Kemp, Rector St. Mark's Church, Baltimore, Md.*

I know of no resort so accessible which contains equal attraction and is so free from objectionable features. [*Hon. Wm. Stickney, Washington, D. C.*

I recall with pleasure the sojourn of myself and family at Rock Enon Springs. It is a resort to which one can go for rest and recreation, and drink in at once the invigorating mountain air and the varied and valuable health-giving waters. [*Summerfield Baldwin, Baltimore, Md.*

* * * I recall with great pleasure the impressions of my visit to Rock Enon, and trust that at another time I shall have an opportunity of renewing my acquaintance with that quiet and complete mountain home. [*From letter of E. P. Rankin, Esq., Detroit, Michigan.*

It gives me pleasure to recommend Rock Enon Springs to all who seek a refined and comfortable mountain resort in the summer.

I have visited many places of the kind, but have found few which present as strong attractions as this. The proprietor by excluding all sale of liquors, has secured an exemption for it from all questionable company, such as follows the bar-room, and its invariable companion, the gambling-room.

* * The chambers are fresh and comfortable, and the table refined and attractive.

The Springs are in the midst of the mountains, and have a pure and health-giving atmosphere. [*From letter of Hon. William L. Clark, Mayor of Winchester, Va.*

Having almost annually for thirty years past visited some of our watering places, I have found none that seemed to me to offer greater advantages than Rock Enon Springs to all those who are seeking for relaxation from toil and care, for the improvement of health, and for real enjoyment. * * The atmosphere is singularly pure and invigorating. * * [*From letter of Prof. A. J. Huntington, D. D., Columbian College, Washington, D. C.*

* * The guests did not divide up into cliques, as is usually the case at such places, but seemed like one large and pleasant family, each trying to promote the pleasure of all. This feeling manifested itself almost nightly in varied entertainments in the hall attached to the house, gotten up by and participated in by the guests. Of the many resorts I have tried, I consider Rock Enon to be the best for children. The grounds are free from dangerous places, and the character of the soil is such that after the heaviest rain the walks and lawn are dry again in an hour. Of the many children there, all kept well. * * * [*From letter of W. F. Mattingly, Esq., Washington, D. C.*

* * * For myself, though unknown to you until I became one of your happy household at Rock Enon, I feel that I ought to express to you my sincere gratification at the marked success that attended the first season's occupancy of your new and spacious house; a success no greater, perhaps, than might reasonably have been anticipated from the exceptional attractions of the place itself and its surroundings, but a success that I cannot nevertheless doubt was largely due to the wise and judicious management of the place, the thoughtful and considerate regard constantly manifested by yourself and your estimable family for the comfort and happiness of all, and for the few *invalids* in particular, and the polite attentiveness of the officers and servants. * * [*From letter of Dr. J. W. Jayne, Washington, D. C.*

* * I wish to express my opinion of Rock Enon Springs as a comfortable and pleasant family resort, the fare being unexceptionable, and the care and kind attention of the proprietor and his family, in every respect, all that could be desired. [*From Letter of Hon. D. W. Middleton, Supreme Court of the United States, Washington, D. C.*

Rock Enon, with its attractions for every variety of guest, from the invalid to the pedestrian, with its springs which represent in a small space three great classes of mineral waters, with its variety of baths, and with its facilities for social pleasures, is a minature of the entire springs' region, reproducing to some extent all of the characteristic features that give attractiveness to the various watering places in Virginia. [*From Correspondence of the Washington Evening Star.*

Testimony of Physicians and others regarding the Efficacy of the Mineral Waters at Rock Enon Springs, and Baths.

The members of my family who spent two months at Rock Enon were benefited by the use of the waters and were pleased in every way. * * The baths assisted in improving their health. The table was excellent. * * They returned home improved in health. * * Every point sought for in a summer resort was there found. [*From letter of W. C. Van Bibber, M. D., Baltimore.*

I know of no place that equals or compares favorably with Rock Enon Springs and Baths as a summer resort for families, especially for city mothers and their children.

Most of our city mothers have an ailment that doctors call "neurasthenia," or nerve-tire; they need *rest*, they require restoration of tone, they lack absence of care; and they can get all this—a delightful home, free out-of-door sports for the children, in a cool, invigorating, healthful atmosphere, and *all the medicine they need*, in the Baths and Springs of Rock Enon.

The same is eminently true for all brain workers, teachers, doctors, clerks, and all neurasthenic people.

I say all this from a professional stand-point and from personal knowledge gained by a visit to your charming mountain home. [*From I. R. Page, M. D., Baltimore, Md.., February* 17, 1883.

* * When early in July I went to Rock Enon, I had for many months been a great sufferer from calculus. * * After four or five weeks the pain diminished; my strength increased; my appetite improved; my sleep was refreshing. This great change I attribute in great measure to the use of the Walnut Spring. I most confidently recommend it to those who are affected with any trouble of bladder or kidneys. * * * [*From Rev. J. W. Parker, D. D., Washington, D. C.*

By the advice of friends I visited Rock Enon Springs and was surprised at the rapid and powerful effect of the water (chalybeate) in my case.

When I first went to the Springs I was so feeble that I had to take an attendant with me. While there my health improved so rapidly that in a few weeks I was able to return home and resume my employment. [*From letter of Joseph B. Herron, Esq., Smithsonian Institution.*

* * For several years I suffered from affection of the kidneys, so much so that at times my life seemed to me a perfect misery, and I attribute my restoration to health to the free use of the mineral baths and copious libations of the walnut water. * * [*From letter of Thomas Walsh, Esq., P. O. Dep. U. S., Washington, D. C.*

It affords me great pleasure to give my testimony to the benefits derived from the healing waters of Rock Enon Springs, together with the pure mountain air and beautiful scenery, all of which are unsurpassed by any other summer resort. I was in very bad health on my arrival at the springs, the 1st day of June, 1881, scarcely able to walk; but by drinking the waters, breathing the pure dry air, and using the new mineral baths, about the 1st of July I was able to take long journeys on foot over the mountains; my health was entirely restored. [*From Major Albert Walker, Washington, D. C., May, 19, 1882.*

My family were greatly benefited; my wife and daughter particularly derived permanent advantage from the water of the Chalybeate Spring. * * The mountain air, generous table, refreshing baths, and genial society of educated and refined people all contributed to render Rock Enon the best summer resort for families that I know of. [*Rev. Julius E. Grammer, D. D., Rector of St. Peter's Church, Baltimore, Md.*

* * These chalybeate, sulphur, and alkaline waters, taken internally, while the Capper Spring water is abundantly applied externally, produce results which we physicians frequently find it difficult or impossible to obtain in the city during the debilitating weather of the hot summer months.

* * Tired-out and half-sick women receive benefit, and feeble children are helped, by *proper use* of the waters at Rock Enon, taken in connection with properly-regulated exercise in the open air. [*From letter of Jos. Taber Johnson, M. D., Washington, D. C.*

When I arrived at Rock Enon, I had great doubt whether I should leave the place alive. I had suffered more than I can tell with the heat in this city; my system was generally debilitated. Three days after my arrival there, I felt like a new man.

* * The pure mountain air was like breathing in a new world, and you have the feeling that you are taking new life into your system with every breath. The medicinal springs, the absence of the rowdy element usually found at a watering place, all combine to make it one of the most delightful summer resorts I have ever visited. I long for the time to come when I can visit the place again. [*From C. H. Parsons, Esq., Washington, D. C.*

* * * In the summer of 1877 my life was despaired of. As a last resort I determine to make an effort to reach your place, and, accompanied by my daughter, succeeded. The pure dry mountain air, and the tonic and healing properties of the "Chalybeate" and the "Capper" waters so strengthened me, that in less than a week I was able to walk around and come to the table.

Last summer I was much afflicted with rheumatism, and for the fifth season I visited Rock Enon, and by the use of the new mineral baths and drinking the water, I was entirely relieved; and, although far advanced in life, I have since been in the enjoyment of good health. [*From Mrs. A. A. Stevens, 1212 New York Avenue, Washington, D. C.*

I desire to testify to the very great benefit which my children derived last summer from the use of the medicinal waters of your pleasant mountain resort. Before taking them there they had been seriously troubled with worm, (one with "pin worms" and one with "stomach worms".) I had them drink freely of the water from the "Old Capper Spring," and its beneficial effects were very soon apparent in the disappearance of the disease and return of health and spirits, all which I attribute entirely to the use of the "Capper" water, together with the pure air of your summer home.

* * * [*From letter of E. B. Barnum, Esq., Washington, D. C., February* 15, 1883.

My experience of last summer with you was a very pleasant one, and my family derived great benefit from the medicinal waters. [*From Maj. G. W. Candee, U. S. A.*

THE ROCK ENON MINERAL WATERS:

CHALYBEATE, WALNUT AND CAPPER,

ARE FOR SALE BY

A. S. SHAFER, 47 and 49 N. Charles Street, Baltimore, Md.

C. B. SHAFER, 1010 F Street N. W., Washington, D. C.

SHAFER & CO., 1003 Arch Street, Philadelphia, Penn.

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